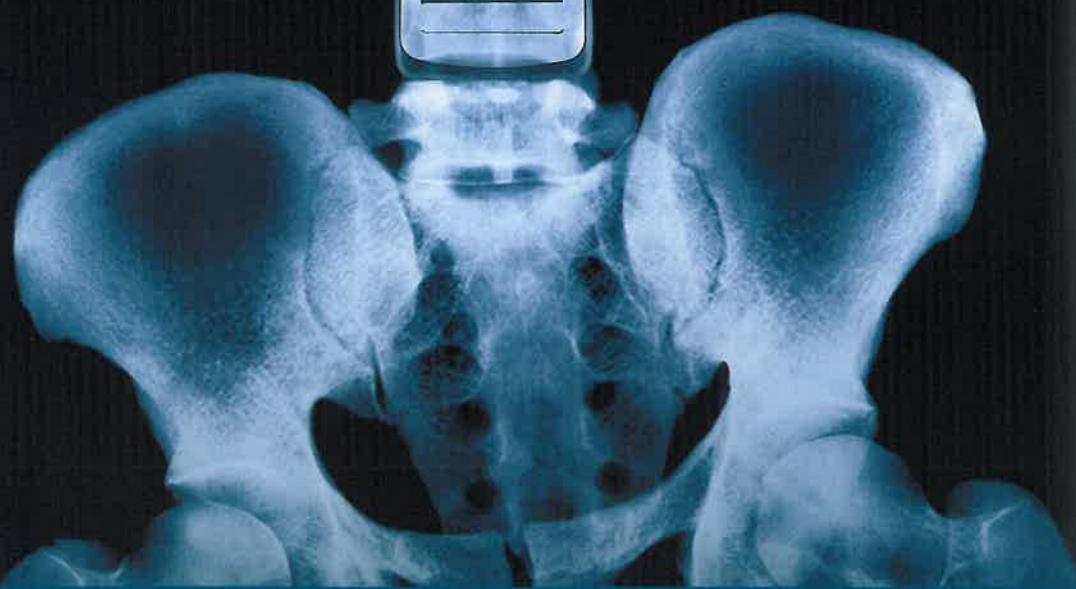


One click could change your future.



Seatbelt myths and misconceptions

Myth: Seatbelts aren't safe in trucks – false

Heavy vehicle drivers who are not wearing a seatbelt are six times more likely to die in the event of a crash.

Myth: Seatbelts can trap you in a rollover – false

Without a seatbelt you have a greater chance of being knocked unconscious, making it impossible to get yourself out. Besides, you'll suffer more severe injuries and possibly death if you're flung from the vehicle.

Myth: Using a seatbelt is a personal choice – false

Wearing a seatbelt is the law. Failure to do so could mean a \$300 fine and 3 demerit points.

Myth: I am the only person affected by my decision not to wear a seatbelt – false

Your death or serious injury will affect friends and family. Wearing a seatbelt can also help you control your truck and avoid collisions, making the roads safer for everyone.

Myth: Seatbelts are inconvenient – false

It takes 3 seconds to put on a seatbelt. Even if you do it 20 times a day it only takes one minute. Isn't your life worth one minute?

Myth: Seatbelts are uncomfortable – false

Seatbelt design regulations have been improved to make seatbelts more comfortable in trucks. A properly adjusted seatbelt should be comfortable and not limit movement or restrict vision.

Myth: Seatbelts are not needed in trucks – false

Seatbelts are mandatory in all heavy vehicles and your employer must provide a safe work environment under workplace health and safety and chain of responsibility obligations.

Myth: Professional truck drivers don't need seatbelts – false

Professional drivers take safety seriously. No matter how many years you have been driving, you can still become involved in a crash. Responsible drivers wear seatbelts.

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